

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ruan Fondse**

Has successfully participated & completed the

**Solo Heifer Cowhouse Cross Duathlon 2017 #4**

held at Cowhouse Market.

**TIME 00:58:37**

**PACE 05:51/km**

**GENDER 4 of 5**

**OVERALL 6 of 10**

**OPEN 1 of 1**

06 August 2017, Sun

Date



*BoutTime*

Signature

